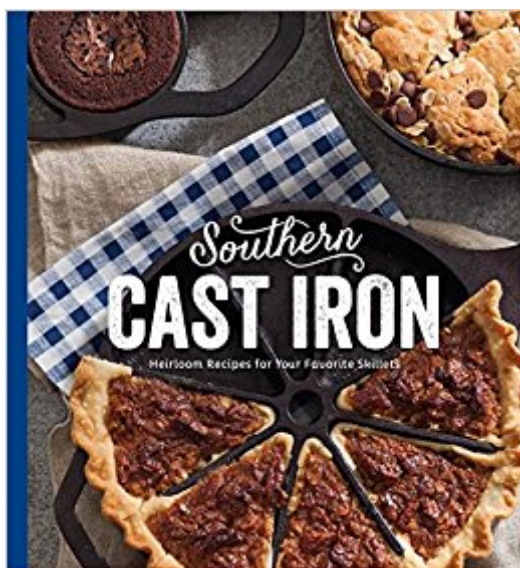


The book was found

Southern Cast Iron: Heirloom Recipes For Your Favorites Skillets



Synopsis

Many of the South's best recipes are cooked in well-seasoned cast-iron skillets that are handed down from generation to generation. Make traditional buttermilk cornbread, fried chicken, cobblers, decadent cakes, and more, with The Southern Cast Iron hardcover cookbook. This collection of more than 65 recipes is sure to inspire endless meals for family and friends.

Book Information

Hardcover: 164 pages

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Average Customer Review: 4.4 out of 5 stars 15 customer reviews

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Customer Reviews

Many of the South's best recipes are cooked in well-seasoned cast-iron skillets that are handed down from generation to generation. From traditional buttermilk cornbread and fried chicken to cobblers and decadent cakes, cast iron is the workhorse of kitchens everywhere. This collection of more than 65 recipes will inspire meals that connect family and friends.

S good book.

Great Recipes

very pleased

Great!

This just wasn't what I was expecting. I purchased this book to get southern, comfort food recipes that I could cook using a variety of cast iron pots and pans (hopefully ones that I could use over a fire or grill). I wanted some recipes that were a step above beans and hot dogs but incorporated recipes good solid basic food cooked only in my cast iron pans. I did not get that with this book. The photos are beautiful and the recipes look great - if a little high end - most of them require esoteric ingredients and most are not simple to make. It also doesn't really use cast iron as the base for all recipes - you'll use sauce pans and a lot of other things and the cast iron is just a part of the process. So, did I get a beautiful cookbook with high end chi-chi recipes - yes. Was that what I was hoping for - no. I gave this only three stars because I felt that the title wasn't correct and said one thing while doing another.

Pretty pictures. Good information about caring for your cast iron, however the recipes were not ones I would use. Maybe 3 or 4 recipes looked good to me. I grew up on southern cooking and was looking for more authentic southern recipes. Guess I was fooled by a "pretty face" (cover)!! Also several recipes called for an enamel coated skillet. I think most folks think of the ultimate seasoned black cast iron skillet when they are looking for southern cast iron cooking.

This cookbook is delicious! The pictures and recipes actually compliment one another! So much so, I think I could eat the Coconut Pecan Pie right off of the page! The other recipes, (Chicken Pot Pie, Sweet Tea Fried Chicken) are original 'southern tradition' family favorites. I love cookbooks! BUT-- I've never bought a cookbook that I l-o-v-e-d ALL the recipes in.....until this one! To start with, there's a brief history of cast iron use in the past, and present. You can cook anything in cast iron.....even cookies! A well seasoned skillet is a go to tool in my kitchen. I have seasoned it to be my 'non-stick' pan. Ladies, throw out those amazing non-stick pans. If they don't stick now, they will soon. Purchase one of these "Southern Cast Iron" recipe books. Cook some of these 'stick-to-your-ribs' meals, and watch while your family eats, sit back in their chairs and rub their belly's!!

As a southerner this cook book is one of the best resources for cooking cast iron recipes; not only does my wife love it but I gave it as a gift to my mother and grandmother and both are enjoying the beautiful photography and easy to make recipes, yum!!!!

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Cast Iron Recipes Cookbook: 50 Most Delicious of Cast Iron Recipes (Cast Iron Recipes, Cast Iron

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